

**asking:**

What feels good? Do you like that? Want more?  
Do you want to stop? Is this a good place for me to touch?  
Can I \_\_\_? Is this okay? Want to try something else? How's this?  
What would you like the most right now? Wanna \_\_\_?  
What turns you on? Want to slow down? Can you check in with me  
still okay? Do you need a break? Show me what you want.  
first? I'd like to \_\_\_ again.

**always get CONSENT first**